



Nutrition in Disordered Eating

Eighth Semi-Annual Nutrition Conference

Thursday, November 6th, 2014

Time:	Details:	Location:
6:30pm-8:00pm	Eating Recovery Center Behavioral Health Denver, CO-Caitlin Cloutier, R.D., * Department of Psychology, Miami University <i>Dr. April Smith, Assistant Professor Psychology</i>	Pearson Hall 100 <i>For admission bring two canned food items to support the Oxford Community Choice Pantry</i>

Friday, November 7th, 2014

Time:	Details:	Location:
7:00am-7:45am	Sunrise Yoga No Admission Fee <i>Sponsored by the Student Academy of Nutrition and Dietetics</i>	Phillip's Hall Gymnasium
7:00am-8:45am	Breakfast: Fresh Fruit and Yogurt Bar, Mini Muffins, Tea, Coffee, Flavored Water	Phillips 102 Lab
9:00am-10:00am	Cincinnati Children's Hospital: Disordered Eating <i>Mary Pat Turon-Findley R.D.*</i> <i>Sponsored by the Ohio Nutrition Council</i>	Phillips 102
10:00am-11:00am	Cluxton Consulting: Twice as Nice Nutrition Advice- Mindful Eating <i>Kacy Cluxton Massie, M.S.,R.D., L.D., and Stacy Cluxton Michael, M.S.,R.D.,L.D.</i>	Phillips 116
11:00-1:00pm	Food and Nutrition Expo: Disordered Eating Information <i>Healthcare Career and Internship Opportunities Healthy Snacks and Door Prizes Available</i>	Phillips Lobby
1:00-2:00pm	Eating Recovery Center Behavioral Health: <i>Caitlin Cloutier, R.D. *</i>	Phillips 116
2:00-3:00pm	1809 EHS Alumni Guest Panel <i>Jessica Jones-Hughes*, Brian Dean*, Erin Bower Patterson*</i>	Phillips 116
3:00-4:00pm	Psychology Department Miami University Graduate Research- Lauren Forrest, Lisa Velkoff Sound Mind Counseling Services- Brooke Asbury* MA, PCC	Phillips 116
4:00pm-5:00pm	KNH 402 Nutrition Capstone: Carolyn Sutton and Michelle Taylor Advantage Health- Tricia Jonson, RN Lindner Center: Kelly May, Junior - volunteer	Phillips 116

*Miami Graduate





MENU: **Breakfast**

Served 7:00 am-8:45 am

Assorted Teas and Coffee

Vanilla Greek Yogurt and Fresh Fruit

Apples, Bananas, Oranges, Pears

Cinnamon Apple-Craisin Muffins

Afternoon Expo Refreshments

Available 11:00am-1:00pm

Assorted Fresh Vegetables with Creamy Ranch Dip

Baby Carrots, Broccoli Florets, Cauliflower

Red Pepper Hummus served with Homemade Pita Chips

Fresh Red Peppers, Pureed Chickpeas, Olive Oil, Lemon Juice, & Tahini

Fruit Kabobs

Red and Green Grapes, with Pineapple Chunks and Apple Cider Yogurt Dip

Vegetable and Chili Soup

Gluten Free Trail Mix

Infused Water

Water Infused with Strawberries



Nutrition Information Expo Resources:

Advantage Health; Sound Mind Counseling; Grass Roots Nutrition; Eating Recovery Center, Cluxton Consulting; SAND; Food For Thought; NACUFS; Phi Epsilon Kappa; Peer Hawks; EHS Dean's Advisory Council; Oxford Choice Food Pantry; Study Abroad; Sports Nutrition; Resident Advisor; Dietetic Internships; The Gambia; Miami Employee Benefits and Wellness; Oxford Free Health Clinics; and the Ohio Nutrition Council.

Special Thanks:

We would like to thank all the speakers, The Dean of the College of Education, Health, and Society- Dr. Susan Mosley-Howard, The Kinesiology and Health Department Chair- Dr. Helaine Alessio, Anita Sackenheim, Barbara Smith, Heidi Neace, Anne Reed, Jennifer McLaughlin, Miami Career Services, the Kinesiology and Health Nutrition Faculty, KNH 103, 203, 213, 402 and 420G Students, Nutrition Students, and Miami's Student Academy of Nutrition and Dietetics for making this event possible!

Contact Nancy Parkinson at parkinns@miamioh.edu with any questions.